
TRAINING COURSE DETAILS

Managing with Energy Skills™

Who it is for

Managers, HR directors and HR managers.

Prerequisites

Having faced the realities of working as a group – supporting managers, or working with others yourself.

Before the course

Participants must have completed their T5™ profile and had it debriefed.

Objectives

Let managers adapt their own style through a new reading of each person's talents and of collective performance, so the team works better together.

Expected outcomes

- Let every manager take on a new way of working with their team, based on the systemic dynamics of Expert 5A™. By discovering the talents behind the work people enjoy, they see more clearly what each person brings to the value being created. A dynamic settles in, with things flowing better between the manager and the team, and among the team itself.
- Sharpen the team leader's management practice, so they can grow each person in the service of a more effective group.

Teaching methods

A distinctive mix of theory, practice, applied exercises grounded in the systemic principles of Expert 5A™, and shared experience.

Where it takes place

- In a virtual classroom on Zoom
- At our offices: 37 rue de Rome, 75008 Paris
- In-house: talk to us

Access arrangements

This course is open to people with disabilities.

If you have a disability, contact us so we can look at what is feasible. Wherever we can, we adapt the course; where we cannot, we point you to another route.

The course can be run remotely if travelling is not possible.

Disability lead: Delphine Hervot (dhervot@mapandmatch.com)

Contact

- **Training lead:** Delphine Hervot (dhervot@mapandmatch.com)
- **Administrative lead:** Aurélie Lefevre (alefevre@mapandmatch.com)

Programme

OBJECTIVE	WHAT HAPPENS	DURATION
Day 1: the manager with their peers		
Understand the principles of the Map & Match model	Opening the course: ● Participants, programme and the ground rules between everyone. The model: ● The company seen as a system ● Management as the steering of collective intelligences	0h30
Support your people by knowing their profile	What a team is there to do: ● Discovering the different missions, and the missions as dynamics of value creation in a team	0h30
Understand the key dynamics you need, and apply them remotely	Collective team performance: ● Discovering the team profile and how the team works ● Applied exercise on the key dynamics the team needs to reach its objectives	1h
Write a plan of management rituals	Making a team more effective: ● Building on what people do naturally, and addressing the areas of risk ● Exercise: identifying possible actions	1h
Day 2: the manager alone		
Build new ways of working together remotely	Applied exercise: ● Bringing the team profile analysis into practice, and steering new ways of working together at a distance	1h30

The course is built around the T5 profile each participant completes beforehand, on theory, team games, concrete examples and shared experience.

The programme is indicative: it is adapted to what each client needs and to the number of participants.

Final assessment

An end-of-course quiz, together with the trainer's assessment.

Total duration

4.5 hours (this may vary with the objectives agreed beforehand and the number of participants)

Tools used

Our own slide decks and the Map & Match platform.

Trainer(s)

The programme is delivered by an accredited trainer, expert in the field.

ANNEX 1 – HUMAN CAPITAL LINK INTERNAL RULES

Internal rules

1/ General provisions

Article 1-1: Purpose of these rules

Under article L.6352-3 of the French Labour Code, and by virtue of its general regulatory authority, these internal rules set out, for participants, how health and safety regulations apply during training.

Article 1-2: Scope and binding nature

The provisions of these internal rules apply as of right to every participant on every course.

2/ Health and safety

In accordance with article R.6352-1 of the French Labour Code, where a course is held in premises that already have their own internal rules, the health and safety measures that apply are those of that other set of rules.

Where a course is held on the training organisation's premises, or in outside premises with no internal rules of their own, these rules apply in full.

Article 2-1: Fire instructions

Fire instructions, including a plan showing extinguishers and emergency exits, are displayed on the premises so that every participant knows them.

Article 2-2: Accidents

Any accident or incident occurring during or in connection with a course must be reported immediately to the trainer or to the head of the organisation, by the participant involved or by anyone who witnessed it.

Article 2-3: Alcohol

Entering or remaining on training premises while intoxicated is prohibited, as is bringing alcoholic drinks onto those premises.

Article 2-4: No smoking

Under decree no. 92-478 of 29 May 1992, which sets out how the smoking ban applies in places open to collective use, smoking is prohibited in the premises where a course is held.

3/ How a course runs

Article 3-1: Timetable, absence and lateness

Times are given when the programme is handed out.

Attendance sheets are signed by participants as the course progresses. The head of training reserves the right to change the times.

A participant who arrives late may be asked by the trainer to rejoin the session only at a stated time.

Article 3.2: Intellectual property

Course materials may not be passed on to third parties once the course is over. Their use is strictly limited to the teaching context of the course attended.

Article 3-5: Liability for theft of, or damage to, personal property

Human Capital Link accepts no liability for the loss, theft or damage of personal belongings.

Article 3-6: Consequences

Any breach by a participant of these internal rules may give rise to a sanction within the meaning of article R.6352-3 of the French Labour Code.

4/ Conduct, interpersonal behaviour, respect, discrimination, racism, sexism, harassment

Article 4-1: Conduct, interpersonal behaviour, respect

Participants are expected to behave considerably towards one another and to keep an open attitude, with no mockery, no display of superiority and no disparagement.

Article 4-2: Discrimination, racism, sexism, harassment

No discriminatory, sexist or racist behaviour will be tolerated. Such behaviour will lead to sanctions and, where necessary, to a criminal complaint.

Participants and trainers must under no circumstances behave in a way that amounts to moral or sexual harassment: where harassment is established, the company's management may take legal action.

5/ Intellectual property

All intellectual property rights relating to the website www.mapandmatch.com, to the documents handed out and used during a course, and to everything they are made of (software, copyright, trademarks – in particular the “Map & Match” trademark – logos, and so on) belong in full to Human Capital Link, its affiliates, its officers and/or its partners.

The User undertakes not to infringe those rights. The User undertakes not to make the documentation associated with a course available to unauthorised third parties, directly or indirectly, on any basis, in any form and for any reason whatsoever.

Subject to acceptance of [these terms and conditions](#), Human Capital Link grants the User, for their own needs, a personal, non-transferable and non-exclusive right to use the website and the documentation handed out, for the term of the contract.

In particular, the User may not:

- distribute copies of the website or its content, or of the course content (whether written or on video), to third parties;
- use the specifications of the website to create, or allow the creation of, a programme serving the same purpose;
- modify, alter, revise or decompile the website for any purpose whatsoever;
- use their password and/or login for any purpose other than authentication alone;
- assign, rent, sub-let or transfer their right of use to a third party without the prior written consent of Human Capital Link;
- disregard how the website and Human Capital Link are meant to work.

This right of use excludes the grant of any other right. It in no way carries the right to perform any act that is not expressly authorised, in particular translating, adapting, arranging or otherwise modifying the website and/or its components, including within the scope of its contractual purpose.

ANNEX 2 - HUMAN CAPITAL LINK PARTICIPANT WELCOME GUIDE

Welcome guide and code of conduct

Thank you for your trust in joining the learning path created by Human Capital Link.

This path gives you, quickly, the keys to supporting people, organisations and projects with the Map & Match approach.

How well it works depends on the group spirit that builds over these hours of training, and on what participants exchange with each other.

The start of each session is also there to come back to anything you have not yet made your own.

Finally, at any point – a complaint, an unexpected problem, a difficulty – you can reach your Human Capital Link training lead by email: alefevre@mapandmatch.com

How to prepare for each session

Have a good internet connection.

Find a quiet place so you are not interrupted during the e-learning, and complete each module as you go.

Every session runs on the assumption that the e-learning modules have been completed, and followed diligently.

Read the programme in advance and think of examples from your own experience, or simply from business life.

How to behave

Courtesy: be on time, follow the ground rules the trainer sets, respect the other participants and the range of experience in the room.

Be concise, do not talk over others, do not interrupt the trainer, and ask before speaking.

If you are remote: turn your camera on.

Do not do anything else during the session (answering emails, being interrupted, working): close your mail client and put your phone away, except for the interactive exercises.